

A Better Option for Seniors During COVID-19

**A new option for
protecting your loved one
during viral outbreaks**

Are you concerned about placing your loved one in a nursing home or assisted living facility?

Most senior living communities closed their dining halls, stopped group activities, and restricted movement of their residents as a way to prevent the disease's spread.

This has taken an emotional and physical toll on residents and their families.

There is a better option...

Introduction

Are you concerned about placing your loved one in a nursing home or assisted living facility?

In the past, the biggest concerns were the amount of staffing, quality of the food, and the overall condition and cleanliness of the facility.

The COVID-19 pandemic has certainly changed our priorities.

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A Better Option

There's a new model that offers unique advantages when dealing with risk from pandemics such as COVID-19 as well as the common flu.

Residential Assisted Living (RAL), also known as group homes, offer all the specialized care your loved ones need, but in the comfort of a home.

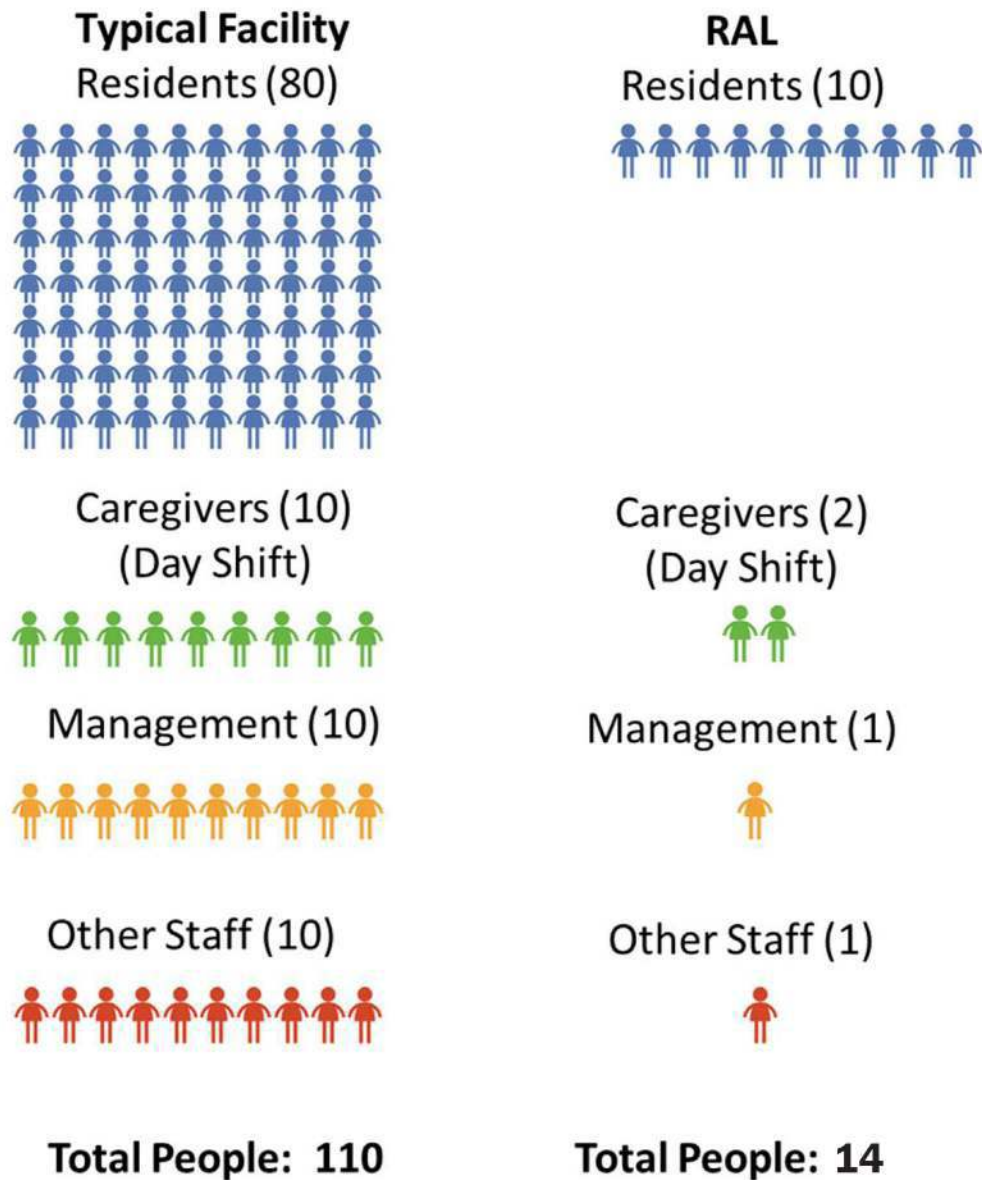
RALs have been around for years, but have recently received a lot of attention due to their unique benefits when dealing with outbreaks of illnesses.

Here are some of the top reasons RALs are safer when dealing with COVID-19 or outbreaks of illnesses such as the flu.



Less Traffic

With only 10 residents, there are far less caregivers and support staff needed. Therefore, the number of people entering the building on a daily basis is greatly reduced. Having a smaller number of staff provides a better opportunity to have dedicated staff. Many communities use staff that is shared with other facilities. This has been proven to be one of the biggest factors to keeping viruses from entering the building.



More Individualized Care

As shown on the previous page, most RALs have 1 caregiver for every 5 residents. This enables the staff to take more frequent temperature checks and closely monitor the residents for any early signs or symptoms. Additionally, caregivers can develop much closer relationships with residents and are able to detect eating, sleeping or other changes in their behavior.

According to The Centers for Medicare and Medicaid Services (CMS), residents receive a higher quality of care with high staff to resident ratios – as provided by most RALs.

<https://www.cms.gov/newsroom/press-releases/cms-strengthens-nursing-home-oversight-and-safety-ensure-adequate-staffing>

Less Area Requiring Disinfection

RALs do not have a large lobby, recreation rooms, or multiple dining halls; thereby having much less surface area in their common areas to disinfect. A typical RAL has approximately 5,000 sq. ft., while a large facility housing 80-100 residents could have more than 100,000 sq. ft. to disinfect. Less area to disinfect = less risk.

20 X Surface Area



Outdoor Space

Residents will not need to be isolated in their rooms, even during a lockdown. Our secured outdoor space enables them to get out and get some fresh air! We make it our mission to ensure everyone has time to get outside if they want to. This secured outdoor space is also available for the kids and grandchildren to safely play.



Single Story

Our worst nightmare: complete lockdown. Yes, it is for the protection of our loved ones, but very difficult to not be able to see them, and you will still be able to have 1st floor visitations.

All our residents reside on the first floor and each bedroom has large windows. If we are in a lockdown situation, you still should be able to see your loved ones. Let us know of your visit ahead of time and we can provide a nice seating arrangement to make everyone as comfortable as we can during these challenging times.

Direct Access to Video Conferencing

If you are unable to make a personal trip, we offer a variety of other methods to connect with your loved ones. We connect through a web conferencing tool (such as Zoom or Skype), on a smart phone, tablet, or in the privacy of their bedroom on their smart TV (standard in all rooms).

Summary

The choice to commit to an assisted living facility for a loved one's care can be a very stressful decision. This decision is more difficult during a pandemic such as COVID-19.

RAIs have less traffic (residents and staff) and less square footage to disinfect. Additionally, the lower resident to caregiver ratio provides for closer monitoring of the residents for early detection of any changes in their conditions, eating, sleeping or behavior. RAIs have been shown to also reduce the level of stress and depression.

We want to provide you with greater access to your loved one. During a lockdown you can visit outside of their large 1st floor bedroom window. As the guidelines relax you can take them for a walk in the secured memory garden.

Senior Living

We offer Memory Care and Assisted Living services for our residents. Our mission is to offer the same amenities found in the larger facilities, all in the comfort of a single-story, 10-suite luxury home.

The Quail House believes in growth, enrichment and FUN at every stage of life.



For seniors who want individualized care and luxurious accommodations